



Williston/Rideout - July 2024 Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5pm Canada Day Celebration Party w/Lee Stewart  Canada Day	2 5pm Bus Outing for Supper	3 9:00am Outdoor Morning Walk 10:30 Yoga w/Joyce 2:00 Bingo	4 2:00 Library Cart w/Arlene 2:00 Afternoon Drive	5 Office day 2:00 Music Therapy w/Maeghan (Cove)	6 
7 Happy Birthday Daniel MacInnis	8 2:00pm Bingo	9 10:30 Exercise Class w/Natasha 2:00 Happy Hour 	10 10:30 Rosary with Marg 2:00 Strawberry Festival w/ The Shenanigan's	11 12:00 Bus Outing for Lunch 2:00 Library Cart w/Arlene	12 1:30 Shopping at Mayflower Mall	13
14 	15 2:00 Afternoon Scenic Drive	16 5:00 Bus Outing for Supper	17 9:00am Outdoor Morning Walk 10:30 Yoga with Joyce 2:00 Bingo 	18 2:00 Library Cart 2:00 Ice Cream Social on Front Deck	19 Office day 2:00pm Music Therapy w/Maeghan (Cove) Happy Birthday Diane Harris	20
21	22 2:00 Scenic Drive	23 5:00 Bus Outing for Supper	24 10:30 Rosary with Marg 2:00 Gardening Group	25 2:00 Library Cart with Arlene 2:00 Karaoke with Gordon! (Cove) 	26 2:00 Bingo	27
28	29 1:30 Bus Outing: Shopping at Wal- Mart	30 Happy Birthday Mabel Thompson 2:00 Birthday Party (Cove) 5:00 Bus Outing for Supper	31 9:00 Outdoor Morning Walk 10:30 Yoga with Joyce 2:00 Bingo	