



September 2023 Recreation-Williston/Rideout

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE: The Book Mobile will drop off all books at the Cove-they will then be delivered to Rideout House by Cove staff.</p>	<p>NOTE: All lunch outings will leave at 11:30 am</p>		<p>NOTE: Art Therapy is back for the Fall...please make plans to attend this beneficial therapeutic group</p>		1	2
3	4	<p>5 10:30 Wood-working Projects 10:30 Coffee Social 2:00 Afternoon Scenic Drive + Treat stop</p>	<p>6 Happy BDay Dianne Blakeburne 10:30 Yoga with Joyce 10:30 Popsicle Treat Pass 2:00 Bingo</p> 	<p>7 2:00 Church w/Rev. Whent (Cove)</p>	<p>8 10:30 Catholic Mass (Cove) 2:00 Music with John Mullaly</p>	9
10	<p>11</p> 	<p>12 Happy BDay Yvonne White 6pm-7pm Evening of Music with Alicia Penny (Vocalist + Guitar)</p>	<p>13 Happy BDay Joan Mercer 10:30 Rosary 10:30 Popsicle/ Hydration Pass 2:00 Bingo</p>	<p>14 Happy BDay Ron Phillips & Etta Holland 11:30am Lunch Outing (TBA) 2:00 Scenic Drive After Lunch 22:00 Karaoke with Gordon (Cove)</p>	<p>15 Happy BDay Joanne MacDonald 2:00 Music with John Mullaly (Cove)</p>	<p>16 Happy BDay Bev Fraser Rosh Hashanah</p>
17	<p>18 2:00 Music with Ed Woodsworth (Cove)</p>	<p>19 6:00 pm Bus Trip to SMITTY'S FAST FOOD TRUCK for Hot Dogs</p>	<p>20 Happy BDay Rita Morrison 10:00 Yoga with Joyce 10:30 Popsicle/ Hydration Pass 2:00 Music with The Shenanigan's</p>	<p>21 1:30-2:30 Art Therapy Group with Bailey</p>	<p>22 2:00 Music Therapy w/Meaghan (Cove) 6:30-8:30pm Ed Woodsworth & the Happy Hour Party</p>	<p>23 Happy BDay Arlene MacDonald Fall Begins</p> 
24	<p>25 Yom Kippur 10:00 Popsicle/ Hydration Pass 10:30 One-to-One Visits 11:00 Walking Program</p>	<p>26 6:00-7:30pm Happy Hour with The 4 Corners (Cove) ** Book Mobile Books will be here today!!</p>	<p>27 10:30 Rosary 10:30 Popsicle/ Hydration Pass 2:00 Bing</p> 	<p>28 Happy BDay Millie Livingstone 11:30 am LUNCH Outing (TBA) 2:00 Scenic After Lunch Drive</p>	<p>29 Happy BDay Shirley Wludyka 2:00 Music Therapy with Meaghan (Cove)</p>	<p>30 Happy BDay Phyllis Arthur 2:00 Music with Alicia Penny (Cove)</p>