### Happiness, Health & Hospitality

The Cove Retirement Living offers all the service and care options you're looking for in a Premiere Retirement Community. Our focus is on helping our residents preserve relationships, maintain familiarity of their routines and surroundings, while also providing security and comfort.

We understand that your independence remains a vital part of your lifestyle.

The Rideout House & Williston House offers comfortable, spacious, sophisticated apartments without the worry of home maintenance, inclusive of a nurturing community with a home like atmosphere.





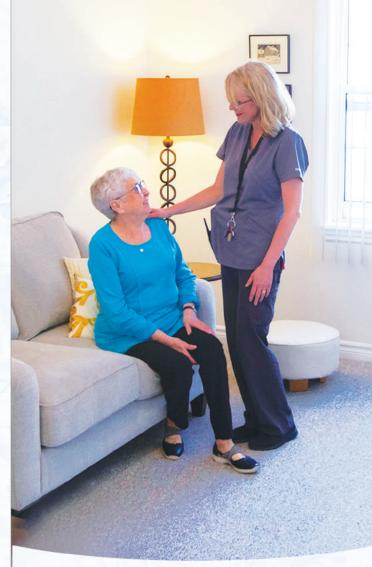
The Cove Retirement Living offers a wide range of activities and social engagements. Residents will have opportunities for exercise, arts, culture, and making new friends. Our community is designed to encourage personal growth and the pursuit of an enriched life. Residents will enjoy the companionship of others with similar interests.

We invite you to come and visit the Cove Retirement Living, and discover for yourself what makes our community so special.

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Administrator

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coveretirementliving.com



#### Williston House

The Community Lodge Housing Society constructed the Williston House, a 32 unit Assisted Living seniors' complex located on Churchill Drive adjacent to two of Sydney's main arterial roadways, Kings Road and Alexandria Street and two minutes from the Cape Breton Regional Hospital and Downtown Sydney. An above ground sheltered and heated pathway connects Williston House to the Cove Guesthome. The facility was constructed in 2000 and is named after Archie Williston, a Senior Board Member of the Cove.

## Services Offered

Monthly rental includes the following services

- Two meals a day, breakfast & dinner (noon) served in common dining area.
- Housekeeping services 1 hour per week.
- Heat, lights, and water.
- Laundry services towels and linen.
- Central laundry room on each floor for personal use.
- Secured building.
- Access to Cove programs- celebrations, church services.
- Snow removal.
- Fridge and stove for each appartment.
- On-site Licensed Practical Nurse, every day 7-3.
- Oversised walk-in shower units.
- Recreation staff for organized activities.
- Door to door garbage pick-up twice a week.
- Radiant in-floor heat controlled by resident



#### Carl E. Rideout House

In October 2017 the Board announced the construction of a brand new 50 unit expansion named Rideout House, after long standing Chairman of the Board, Carl E. Rideout. This new facility boasts its own state of the art working kitchen to prepare meals for both facilities. The two buildings are joined together with a new grand entrance off of Churchill Drive. This new entrance will be connected to a hall - the Albert & Renne Deject Memorial Hall - which is also connected to St. Mark's Chapel.





