

## Our Facilities

**Williston House** is a 32 unit Assisted Living seniors' complex with an above-ground sheltered and heated pathway connected to the Cove.

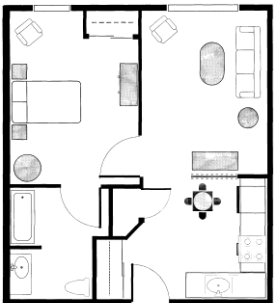
**Rideout House** is a 50 unit expansion currently under construction and will be open around the beginning of 2019. It will be connected to Williston House with a new main entrance.



## What is Assisted Living?

**Filling A Need:** Assisted Living is defined as a combination of housing, personalized support services and health care in a non-institutional setting. This concept is designed to respond to the individual needs of seniors who require assistance with certain activities of daily living, but do not need the level of health care provided in a skilled long term care facility.

Here is a sample of what a single bedroom apartment looks like:



Single Room Layout



## Who Is It For?

Assisted Living is appropriate for seniors, 58 years of age and older, who are able to live independently but require or prefer the convenience and security of assistance and a low maintenance environment.



## Services Offered

Monthly rental includes the following services:

- Two meals a day served in a common dining area - Breakfast and Dinner (noon).
- Housekeeping services - 1 hour per week.
- Heat, lights and water.
- Laundry service - towels and linen
- Central laundry room on each floor for personal use.
- Secured building.
- Access to Cove programs- celebrations, church services
- Free parking.
- Snow removal.
- Fridge and Stove for each Apartment.
- On-site Licensed Practical Nurse, Every day 7 - 3.
- Oversized walk-in shower units.
- Volunteer driven exercise program and Entertainment.
- Door to door garbage pick-up twice a week.
- Radiant in-floor heat controlled by resident.

## Our History

The Community Lodge Housing Society constructed Williston House, a 32 unit Assisted Living seniors' complex located on Churchill Drive adjacent to two of Sydney's main arterial roadways, King's Road and Alexandra Street and minutes from the Cape Breton Regional Hospital and downtown Sydney. An above-ground sheltered and heated pathway connects Williston House to the Cove Guest Home. The facility was constructed in 2000 and is named after Archie Williston, a Senior Board Member of the Cove.

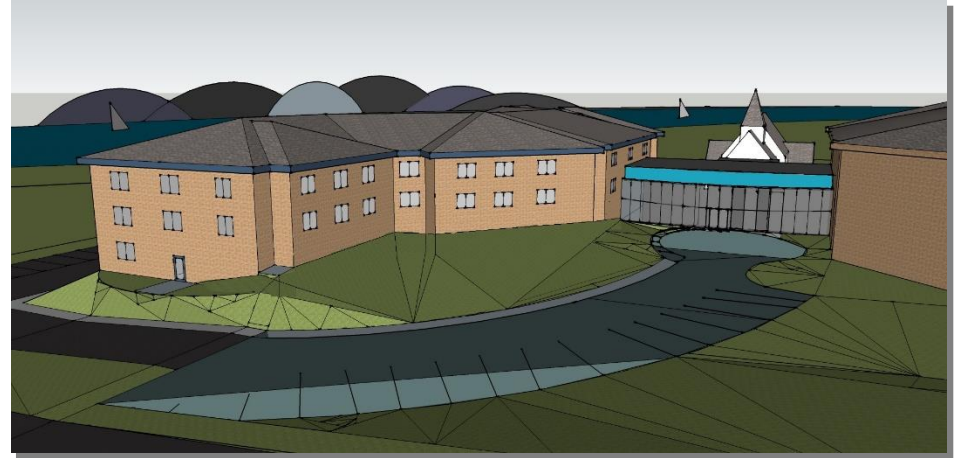
In October 2017 the Board announced the construction of a brand new 50 expansion named Rideout House, after long standing Chairman of the Board, Carl E. Rideout. This new facility boasts its own state of the art working kitchen to prepare meals for both facilities. The two buildings are joined together with a new grand entrance off Churchill Drive. This new entrance will be connected to a hall – the Albert & Renne Dejeet Memorial Hall – which is also connected to St. Mark's Chapel (under renovations).



### **Cove Retirement Living**

K. Darren MacNeil, *BBA*  
Administrator  
65 Churchill Drive  
Sydney, NS B1S 3N6

## **Cove Retirement Living**



**Carl E.  
Rideout House**  
49 Churchill Drive  
Sydney, NS

And

**Archie S.  
Williston House**  
65 Churchill Drive  
Sydney, NS

Tel: (902) 270-3433  
Fax: (902) 270-3524

[www.communitylodgehousingsociety.com](http://www.communitylodgehousingsociety.com)